



# WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> ♻️ 🌱 Served with Potato Wedges	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Stir Fried Vegetable Rice</b> ♻️ 🌱 🌱	<b>Vegetarian Burger</b> ♻️ Served with Potato Wedges	<b>Vegetable Pastry Roll</b> ♻️ Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> ♻️ 🌱 🌱 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> ♻️ Served with Chips
	<b>Jacket Potatoes</b> 🍷 ♻️ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍷 ♻️ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 ♻️ with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 ♻️ with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	<b>Chocolate Sponge with Chocolate Custard</b>	<b>Raspberry Yoghurt Cake with Fruit</b> 🍓	<b>Banana Cake</b> 🍌	<b>Original Flapjack</b>	<b>Vanilla Ice Cream</b>

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian
🐟 Oily Fish
🌱 Wholegrain  
🍏 Fruity!
🍷 Nutritionist's Choice
🍷 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.