



FLORENCE MELLY COMMUNITY PRIMARY SCHOOL

CULTURAL CAPITAL VOCABULARY PROGRESSION MAP

IF YOU CAN DREAM IT, YOU CAN DO IT!



Cultural Capital Vocabulary Progression Map

Topics	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Healthy and Happy Friendships	friend, friendly, kind, unkind, welcoming, happy, sad, share	happy, healthy, kindness, friend, smile, no, touch, trust, uncomfortable, boundaries, personal, space, worries, help	friend, respect, values, touch, private, privacy, resilience, encouragement	friend, values, qualities, difficulty, compromise, communication, yes, no, boundaries, permission	identity, stereotypes, prejudice, peer pressure, choice, emotions, wellbeing, emotional health, mental health, stress, anxiety	personal safety, risk, consequences, friends, change, relationships, emotions, feelings
Similarities and Differences	similarity, difference, special, unique, strengths, abilities	strengths, abilities, gender, stereotype, qualities	different, equal, respect, community, values, diversity, customs, respect, feelings, values	diversity, stereotypes, judge, judgement, point-of-view, opinion, disagree, agree	strength, weakness, proud, abilities, goals, aspirations, achievement, future, vision, online, social media, profile, safety	online identity, communication, risk, online bullying, diversity, inclusive, differences
Caring and Responsibility	special, people, important, care, safe, worried, nervous, scared, help, helper, rules, safe, unsafe	community, kindness, understanding, help, community helpers, trusted adult, signs, difference, similarity, respect	responsibility, responsible, consequences, irresponsible, personal space, crowded, uncomfortable, boundaries, invade, defend, empathy, caring, support, understanding	rights, responsibilities, respect, opportunities, entitled, agreement, rights, convention, United Nations, roles, responsibilities	care needs, caring, alone, loneliness, lonely, isolation, isolated, volunteer, volunteering, community, involvement	strengths, self-care, development, saving, bank account, responsible, irresponsible, budget, interest, transition, secondary, independence, networks
Families and Committed Relationships	family, important, differences, similarities, happy, special, superhero	family, family tree, relatives, related, love, sharing, listening, support, similar, different, traditions	commitment, safe, secure, trust, relationship, marriage, change, affect, loss, separation, divorce	relationships, appropriate, behaviour, belonging, membership, together, family	relationships, healthy, diversity, commitment	sexual intercourse, sex, fertilise, conception, foetus, sperm, egg, pregnant, IVF, adoption, Caesarean section, babies, commitment, responsibility, law, legal, age restriction, age of consent, safe
Healthy Bodies, Healthy Minds	body, healthy, private, penis, testicles, vulva, vagina, smilier, different, health, healthy, choices	healthy, feelings, emotions, medicine, unwell, dose, safe, helpful, harmful, instructions, health, body, mind	health, wellbeing, sleep, routine, healthy, carbohydrates, proteins, dairy, fats, germs, virus, routines, hygiene, healthy, poorly, teeth, toothpaste, hand washing, soap	Influence, pressure, persuade, healthy choices, consequence, responsibility, feelings emotions	self-image, self-respect, attributes, self-talk, development, proud, drugs, alcohol, tobacco, cigarettes, e-cigarettes, vaping, caffeine, substances, legal, illegal, effects, bacteria, virus, infection, immunisation, vaccination, antibiotic	self-respect, boundaries, kind, confidence, strengths, weaknesses, trolling, social media, internet, comparison, mental health, mental Ill-health, wellbeing, illness, symptoms, mind
Coping with Change	growing, adults, babies, change, older, growing up, jobs, future	growing, adult, baby, change, timeline, life cycle, likes, dislikes, change, future, likes, dislikes, change, future	changes, support, feelings, sad, empathy, sympathy, happy, positive, kind, emotions	puberty, hormones, menstruation, eggs, sanitary pads, periods, hygiene, hormones, sweat, health	hormones, menstruation, periods, sperm, eggs, ovaries, testicles, vagina, penis, puberty, emotions, hormones, changes, feelings, support, control	body image, reality, pressure, attributes, influence, relationships, emotions, secondary school, future, memories, reflect

*the section highlighted in yellow is the non-statutory aspect of the primary Relationships Education guidance. Year 6 parents/carers have the right to withdraw their child from this aspect of our RSHE