



## WEARING YELLOW FOR MENTAL HEALTH DAY!

Staff and pupils came together on Thursday to celebrate Mental Health Day 2024. Talking about our mental health can help us cope with life's ups and downs. World Mental Health Day is celebrated every year on 10th October and this year, we came together, wearing a splash of yellow, to celebrate the event. Pupils came off timetable in the afternoon to explore the theme in greater detail and staff provided a whole host of wonderful activities to help bring the theme alive! Supporting the mental health and wellbeing of our school community is really important to us at Florence Melly and events like this one help us to ensure that our pupils acquire the skills and knowledge they need to succeed in life. A big thank you to Miss Batt and Mr Doyle for taking the time to organise the event, we really appreciate it!

### Cross Country in the rain in Stanley Park

Our budding athletes pulled up their socks and laced up their trainers for the cross-country event in Stanley park this week. This was our 'home' event, which we help host and the children rose to the challenge as the hosts! On a damp, Tuesday evening the children ran with determination, demonstrating our school's DREAMS core values. Well done to those involved, including the dedicated staff members who braved the weather to help support Mrs Dentith, our PE Lead. We are already looking forward to the event in Clarke Gardens next week.

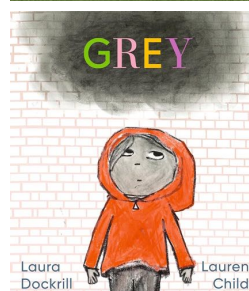
### Reading Rocks Book Delivery and our Strive for 5 Initiative!

Courtesy of our friends at [@ Reading Rocks](#), pupils across the school received a special delivery package this week - packed full of treats and new books! Classes receive these boxes every month and it is a great way to promote and encourage reading for pleasure at our school. The excitement was palpable when the children received and opened the boxes! They could not control their excitement and were eager to get their hands on the new texts! Keep an eye out for the new books in the class 'Strive for 5' boxes - who will take these home this week?

### This Week's Book Recommendation...

This week's book recommendation, inspired by World Mental Health Day, is a picture book which families can use to explore emotions at home. *Grey*, by Laura Dockrill and illustrated by Lauren Child, is an iconic picture book collaboration about feelings and acceptance from two of the most beloved voices in children's literature. Beautifully crafted compositions together with simple designs, reveal the story of a child who feels as though all their colours have disappeared. Despite the joyful orange balloon, the huge yellow sun and the bright green trees, the child still feels grey. That is until a reassuring hand reaches out and shares words of kindness. Soon the child begins to see the warmth of colour again and understands that their colours will always be there and that they will always be loved, whether they feel grey or sunshine yellow. Laura and Lauren have created a beautiful book full of empathy and understanding that will provide comfort and hope to readers of all ages.

### Check out our social media to see what we've been up to this week!



## IMPORTANT DATES FOR YOUR DIARY!

**14/10/24**  
Year 5 Swimming Lessons

**16/10/24**  
Wellbeing Wednesday Walk with Mrs O'Keefe

**17/10/24**  
Year 6 enrichment trip to the Slavery Museum

**21/10/24**  
School Discos

**21/10/24**  
Dia de los Muertos (drop down day)

**24/10/24**  
Author Ross Montgomery visiting our school

**24/10/24**  
Enrichment trip to Gordale Garden Centre

**25/10/24**  
School closes for half-term

## NEXT WEEK'S SCHOOL MENU

Next week, our kitchen will be cooking the Week 3 dinner menu for the children.



## End of the Week Update for Parents/Carers - Friday 11th October 2024

### Messy Monday in the Nest

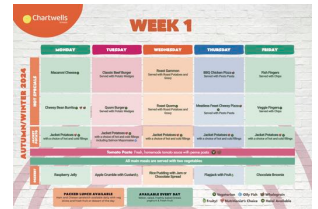
On Mondays in the Nest, we get messy! Messy Monday helps to stimulate children's curiosity and develops their knowledge. With messy play, the sensory experience also helps children to understand their senses. By exploring how things feel, smell and taste, this type of play nurtures an awareness and understanding of the world that surrounds them. Messy play also encourages communication and language development as it enriches relationships through social interaction. As some young children can't explain things verbally, it allows them to share their discoveries in different ways through the use of objects and gesture. This week, Nest pupils have mixed colours and textures in our sensory tray and collected leaves which have then been painted.



**SPOTLIGHT  
ON  
CURRICULUM**

### New Menus for after the half-term

Please find attached the updated school lunch menu for after the half-term break. These will be posted to the 'school meals' page of the website shortly. If you would like your child to have one of our school meals, please contact the school office.



### Wake Up Wednesday - Keeping our Children Safe Online!

This week's Wake Up Wednesday instalment is all about staying safe this Bonfire Night. Click on the link below to access handy tips and hints to help you protect your child this Autumn: <https://florencemelly.org/wp-content/uploads/2024/10/fire-safety.pdf>.



### Royal British Legion Poppy Walk - 27/10/24

This October, the Royal British Legion are hosting a 'Walk to Remember' as part of the Poppy Appeal. The Royal British Legion are encouraging people to bring friends and family together to celebrate the lives of service men and women to help raise much needed funds. Join them at Sefton Park, for the Royal British Legion's Poppy Walk Liverpool. For more information, please click the following link: <https://www.britishlegion.org.uk/get-involved/things-to-do/events/poppy-walk/poppy-walk-liverpool>.

Entry costs £10, under 18's is free. There is no fundraising limit but those who go the extra mile (not literally) and raise over £100, will earn their own RBL beanie to wear with pride on the day!



### Liverpool Parenting Newsletter

Please find attached the Autumn edition of the 'Liverpool Parenting Newsletter'. In this edition you will find information and details about services in Liverpool to support parents/carers, their children and their families: <https://sway.cloud.microsoft/UO8kbEgErrkpayFb?ref=Link>.



Have an amazing weekend and we look forward to seeing you all bright and early on Monday morning.

Mr Leach  
Headteacher





# IN SCHOOL, ON TIME, EVERY DAY!

## WEEKLY PRIZE WINNERS!

Every week we announce five attendance prize winners in our celebration assembly.



## CLASS ATTENDANCE TROPHY WINNERS!



RL

Every week, the class with the best weekly attendance wins the famous 'Flo Melly Attendance Trophy'.

## DREAM TEAM DAILY WINNERS!

TEAM  
EMPOWERMENT

TEAM  
RESPECT

TEAM  
SAFETY

TEAM  
RESPECT

TEAM  
SAFETY

**M**

**T**

**W**

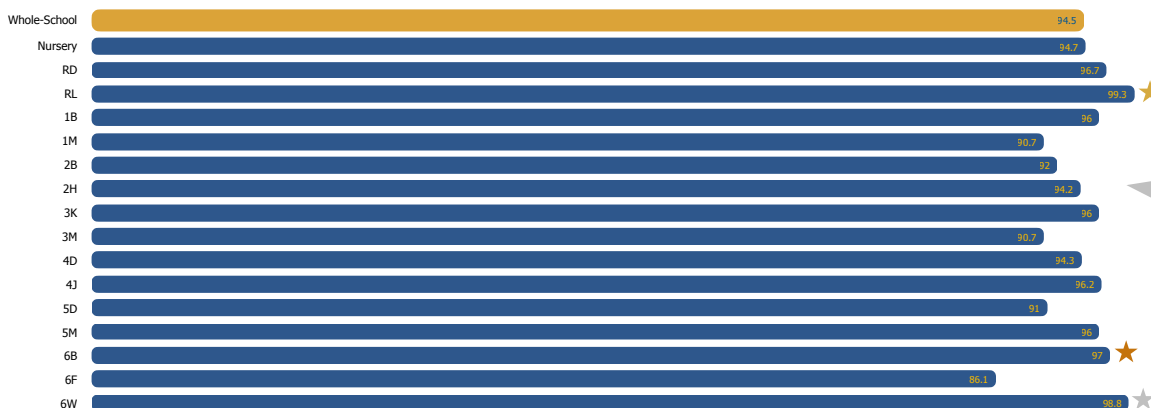
**TH**

**F**

Every day, we see which DREAM team had the best attendance. The winning team receives 10 tokens!

## GOLD, SILVER AND BRONZE!

At the end of every week we celebrate those classes who finish in gold, silver and bronze place. These classes receive a certificate to hang proudly in their classrooms! The winning class also get to keep the famous Flo Melly trophy in their classroom for the week.



RL

6W

6B