

FLORENCE MELLY COMMUNITY PRIMARY SCHOOL

PHYSICAL EDUCATION VOCABULARY PROGRESSION

IF YOU CAN DREAM IT, YOU CAN DO IT!



Year 1 Physical Education Vocabulary Progression Map

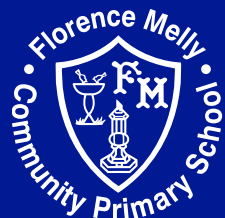
	Topic	Team Games Throwing and Catching Skills	Gymnastics Technique and Control	Dance Balance and Movement	Striking and Fielding Kickball	Athletics Running	Net and Wall Games Racket and Ball Skills	OAA Team Building
Year 1	Vocabulary	ready, position, soft, swing, track, underarm, control	action, control, direction, level, speed	balance, beat, copy, fast, level, pathway, pose, timing	batter, batting, bowl, bowler, fielder, fielding, hit, overarm, out, ready position, track underarm	walk, time, quickly, leap, underarm, overarm, further, control	net, ready, position, track, racket, underarm	co-operate, instructions, listen, challenge, share, lead, plan talk

Year 2 Physical Education Vocabulary Progression Map

	Topic	Team Games Throwing and Catching Skills	Dance Movement and expressive Patterns	Gymnastics Sequence and Perform	Striking and Fielding T-Ball	Athletics Jumping and Throwing	Net and Wall Games Racket and Ball Skills	OAA Team Building
Year 2	Vocabulary	collect, release, receive, prepare, touch	dynamics, expression, matching, mirroring, perform, speed, unison, create	link, pathway, pike, sequence, straddle, tuck	against, defend, quickly, trap, receive, return	distance, sprint, height, landing, far, aim, take off	against, defend, quickly, trap, receive, return	successful, support, communicate, map, solve, include

Year 3 Physical Education Vocabulary Progression Map

	Topic	Invasion Games Handball	Gymnastics Balance, Control and Transition	Dance Movement linked to a stimulus	Striking and Fielding Soft Ball	Athletics Track and Field	Net and Wall Games Track and Field	OAA
Year 3	Vocabulary	accurate, invasion, opposition, receiver, tournament, communicate, offside, pitch, referee, control, technique, intercept, tackle, court teamwork, umpire	body tension, extend, landing position, point, contrast, flow, match, patch, take off	canon, explore, extend, feedback, formation, interact	accuracy, grip, run our, strike, tournament, caught out, no ball, technique, umpire	personal best, speed, technique, relay, power, baton, accuracy, event, strength	backhand, control, court, forehand, tactic, react, competition, cooperation, opponent, rally, opposition	collaborate, discuss, interrupt, route, tactics, compass, honest, course, symbol, trust



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Year 4 Physical Education Vocabulary Progression Map

	Topic	Invasion Games Hockey	Dance Actions, Dynamics and Spacing	Gymnastics Strength, Technique and Movement	Striking and Fielding Rounders	Athletics Track and Field	Net and Wall Games Badminton	OAA
Year 4	Vocabulary	decision, limit, deny, pressure, delay, gain, protect, obstruct, option, cushion, opposing, momentum, supporting, acceleration	action and reaction, phrase, relationship, rhythm, flow, order, performance, represent, structure	bridge, inverted, perform, shoulder stand, momentum, rotation, stability, wrist grip	decision, pressure, limit, cushion, momentum, retrieve, compete	stamina, stride, measure, launch, pace, transfer of weight, heave, official, record	alternate, extend, continuous, deny, swing, contact, receiver, co-operative, reflect, compete	effectively, leader, role, navigate, key, reflect, orientate

Year 5 Physical Education Vocabulary Progression Map

	Topic	Invasion Games Tag Rugby	Dance Travelling in Synchronisation	Gymnastics Collaborate, Choreograph and Compare	Striking and Fielding Cricket	Athletics Track and Field	Net and Wall Games Volleyball	OAA
Year 5	Vocabulary	angle, close down, drive, situation, ball carrier, create, sportsmanship, stance, barrier, dominant, maintain, support, rebound	choreograph, collaboratively, motif, quality, choreography, genre, posture, transition	decide, extension, identify, stable, canon, mirroring, performance, symmetrical, cartwheel, observe, quality, synchronisation, asymmetrical, transition	close catch, long barrier, stance, deep catch, situation, backing up	consistent, approach, dominant, force, changeover, momentum, shot put, track, drive, field, javelin	pressure, situation, option, technique, sportsmanship, dominant, adjust, readjust, cushion, consecutive, non-dominant, grip, baseline, create, groundstroke, serve	cardinal points, critical thinking, strategy, compromise, landmark, verbal, concise, negotiate, visual

Year 6 Physical Education Vocabulary Progression Map

	Topic	Invasion Games Basketball/Netball	Gymnastics Choreograph, Perfect and Perform	Dance Flexibility, Strength and Control	Striking and Fielding Baseball	Athletics Track and Field	Net and Wall Games Tennis - Wimbledon	OAA
Year 6	Vocabulary	consecutive, dictate, appropriate, ball side, turnover, transition, abide, consistently, contest, draw, assess	aesthetics, contracting, counter tension, competent, progression, counter balance, engage, flight, formation, structure, execution, handstand, refine, vault	aesthetic, freeze frame, mood, inspiration, style, rehearse, express, refine, stimulus	abide, consecutive, assess, appropriate, consistently, collaborate	maximum, pattern, fling, meet, strategy, phase, stance, explosive, rhythm, grip, release, discuss	prepare, stance, direct, doubles, thrust, placement, limit, service, abide, recover, opposing, appropriate, footwork.	ddhere. Evaluate, contribute, inclusive, approach, determine, location