



FLORENCE MELLY COMMUNITY PRIMARY SCHOOL

PHYSICAL EDUCATION CURRICULUM MAP

IF YOU CAN DREAM IT, YOU CAN DO IT!



PE Long-Term Sequence Content Progression with our BIG IDEAS (Substantive Concepts)

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Introduction to PE	Team Games Throwing and Catching Skills	Team Games Throwing and Catching skills	Invasion Games Handball	Invasion Games Hockey	Invasion Games Tag Rugby	Invasion Games Basketball
Autumn 2	Fundamental Movement Skills	Gymnastics Technique and Control Skills	Dance Movement and Expressive Patterns	Gymnastics Balance, Control and Transition	Dance Actions, Dynamics and Spacing	Gymnastics Travelling in synchronisation	Dance Choreograph, Perfect and Perform
Spring 1	Ball Skills	Dance Balance and Movement	Gymnastics Sequence and Perform	Dance Movement linked to a stimulus	Gymnastics Strength, Techniques and Movement	Dance Collaborate, Choreograph and Compare	Gymnastics Flexibility, Strength and Control in group sequences
Spring 2	Dance	Striking and Fielding Kickball	Striking and Fielding Tee-ball	Striking and Fielding Soft ball	Striking and Fielding Rounders	Striking and Fielding Cricket	Striking and Fielding Baseball
Summer 1	Games	Athletics Running, jumping and throwing Skills	Athletics Running, jumping and throwing Skills	Athletics Track and Field	Athletics Track and Field	Athletics Track and Field	Athletics Track and Field
Summer 2	Gymnastics	Net and Wall Games Racket and Ball skills	Net and Wall Games Racket and Ball Skills	Net and Wall Games Tennis	Net and Wall Games Badminton	Net and Wall Games Volleyball	Net and Wall Games Tennis - Wimbledon

*Years 4, 5 and 6 also receive swimming lessons